



Inspector's Eye Personal Reflection Sheet

This reflection sheet is designed to help us think intentionally about what was observed during the Inspector's Eye activity. The focus is on learning, awareness, and improvement—not blame.

Sep 1: What We're Doing Well

List at least three positive food safety practices you observed during the activity.

- 1.
- 2.
- 3.

Step 2: Areas for Improvement

Describe two practices that could be improved or might raise concern during a real health inspection.

1. What I observed:

Why this could be a concern:

2. What I observed:

Why this could be a concern:

Step 3: Pass or Fix?

For each issue listed above, decide whether it passes or needs to be fixed, and explain why.

Issue #1: ☐ PASS ☐ FIX

Explanation: _____

Issue #2: ☐ PASS ☐ FIX

Explanation: _____

Step 4: Immediate Fixes

What actions could be taken right away to correct the issues identified?

- 1.
- 2.

Step 5: Preventing It in the Future

What systems, habits, or reminders could help prevent these issues from happening again?
(Check all that apply and explain if needed.)

- ☐ Additional training
- ☐ Better communication between team members
- ☐ Clearer procedures or written instructions
- ☐ Improved signage or reminders
- ☐ Better equipment or supplies
- ☐ More frequent self-checks
- ☐ Other: _____

Explanation (optional):

Step 6: Personal Takeaway

What is one food safety habit you personally commit to improving after this activity?

Manager Follow-Up (Optional)

Key trends noticed across observations:

Action steps to be addressed in future training or audits:

Reminder

Internal audits help us catch small issues before they become big problems. When we look out for food safety every day, we protect our guests, our coworkers, and ourselves.

